



# DELI PRE-ORDER MENU

## -GUIDELINES-

PRE-ORDERS CAN BE PLACED BETWEEN 9AM – 5PM WITH THE DELI.

Up to 10 sandwiches or wraps = 1 day notice

10 – 20 sandwiches or wraps = 2 days notice

20+ sandwiches or wraps = 4 days notice

NO same day orders – Daily set of Grab and Go's are available for same day options.

### B.Y.O SANDWICHES/WRAPS - \$9.95EA

FULL SIZE AVAILABLE ONLY + ADDITIONAL CHARGES FOR EXTRAS

<u>BREAD</u>	<u>CONDIMENTS</u>	<u>CHEESE</u>	<u>MEAT</u>	<u>VEGGIES</u>	<u>EXTRAS</u>
SOURDOUGH	MAYO	MILD CHEDDAR	TURKEY	ONIONS	AVOCADO +1
SEEDY	CA MAYO	SWISS	SMOKED TURKEY	RED BELL PEPPER	BLACK OLIVES +.50
MARBLE RYE	VEGANAISE	MOZZARELLA	ROAST BEEF	TOMATOES	SHREDDED CARROT
WHOLE WHEAT	YELLOW MUSTARD	HAVARTI	HAM	CUCUMBER	+.50
GLUTEN FREE	STONE GROUND	VEGAN CHEESE	BACON	PICKLES	SPROUTS + .50
TORTILLA - (WHITE)	DIJON MUSTARD	EXTRA +1	ITALIAN SEITAN	SPINACH	
(WHOLE WHEAT)			EXTRA +2	SPRING MIX	
				LETTUCE	

### PRE-MADE WRAP OPTIONS - FULL SIZE ONLY

-Ingredients Listed on Back Side of Menu-

SAMBHAR ● SUNNY AVOCADO ● TURKEY CRAN-SWISS W/ BACON ● VEGAN SEITAN ● CLASSIC CHICKEN SALAD

### SALAD OPTIONS

FULL SIZE - \$9.99EA HALF SIZE - \$6.99EA

-Ingredients Listed on Back Side of Menu-

COUNTRY AIRE  
FARM SALAD

CAESAR SALAD

FRESH BERRY  
SALAD

# INGREDIENTS

## PRE-MADE WRAPS

### CLASSIC CHICKEN SALAD

Tarragon Chicken, Cranberries, Cashews, Stoneground Mustard, Canola Mayonnaise, Organic Onion, Organic Celery, Clover Honey, Apple Cider Vinegar, red pepper, sprouts, spinach, Havarti, Salt and Pepper

### SAMBHAR (VEGAN)

Sambhar Sauce, brown rice, Chickpeas, peas, Raisins, Organic Cashews, Organic Onion, Organic Carrots, Organic Cabbage, All-Natural Sprouts

### SUNNY AVOCADO (VEGETARIAN)

Dill Cream Cheese, Avocado, Raw Sunflower Seeds, Olives, Cucumber, Carrots, Onions, Red Peppers, Spinach OR Mixed Greens, Sprouts

### TURKEY CRAN-SWISS W/ BACON

Organic Tortilla, All-Natural Turkey, Nitrate Free Bacon, Swiss Cheese, Organic Sprouts, Spring Mix Organic Onion, Organic Cranberry Cream Cheese



### VEGAN SEITAN

Italian Seitan crumbles, Vegan Pesto sauce, Organic Red Onion, Shredded Carrots, Organic Tomato, Organic Lettuce, Dried Cranberries, Organic Sprouts, Olives

## SALADS

### CAESAR SALAD

Org. Romain Lettuce, Parmesan Cheese, Org. Lemon Slice, Croutons, Caesar Dressing

### COUNTRY AIRE FARM SALAD (VEGAN)

Org. Spring Mix, Spinach, Tomatoes, Cucumbers, Red Onions, Kalamata Olives, Vegan Ranch Dressing

### FRESH BERRY SALAD

Org. Spring Mix, Pecans, Red Onions, Raspberries, Blueberries, Raspberry Balsamic Dressing

## DRESSINGS

### CAESAR

Canola Mayo, Garlic, Worcestershire Sauce, Parmesan Cheese, Capers, Lemon Juice, Salt & Pepper

### VEGAN RANCH

Soy Free Vegan Mayo, Fresh Garlic, Dill, Parsley, Apple Cider Vinegar, S&P

### RASPBERRY BALSAMIC

Raspberries, Balsamic Vinegar, Olive Oil, Honey, Sugar, & Salt